

Resource Sheet Grade 4

Standard Conversions	Metric Conversions	Time Conversions
1 mile = 5,280 feet	1 kilometer = 1,000 meters	1 hour = 60 minutes
1 yard = 3 feet	1 meter = 100 centimeters	1 minute = 60 seconds
1 foot = 12 inches	1 kilogram = 1,000 grams	
1 pound = 16 ounces	1 liter = 1,000 milliliters	
1 gallon = 4 quarts		
1 quart = 2 pints		
1 pint = 2 cups		

Formulas

Rectangle

$$P = 2 \times (l + w)$$
$$A = l \times w$$